

Mood Stabilisers – The Options

Salts	Anticonvulsants	1 st Generation Antipsychotics	2 nd Generation Antipsychotics
Lithium Carbonate (Lithium Carbonate, Lithicarb, Priadel)	Sodium Valproate (Epilim) Carbamazepine (Tegretol) Lamotrigine (Lamictal) Topiramate ¹ (Topamax) Gabapentin (Neurontin, Nupentin)	Chlorpromazine (Largactil) Flupenthixol (Fluanxol) Haloperidol (Serenace) Trifluoperazine (Stelazine)	Clozapine (Clopine, Clozaril) Risperidone (Risperdal) Olanzapine (Zyprexa) Quetiapine (Seroquel) Ziprasidone (Zeldox) Aripiprazole (Abilify)

Mood Augmentors

Thyroid Hormones
Tryptophan
Oestrogens
Omega - 3

¹ Not funded in New Zealand